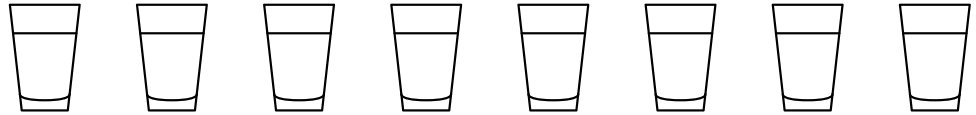


# DAILY WATER TRACKER

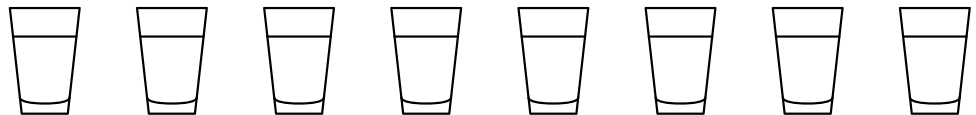
Six glasses of water a day is what your body needs as a minimum to function well. Some liquid intake will come through your food, some from other beverages, but pure, clean, filtered water is the best.

Bonus glasses!

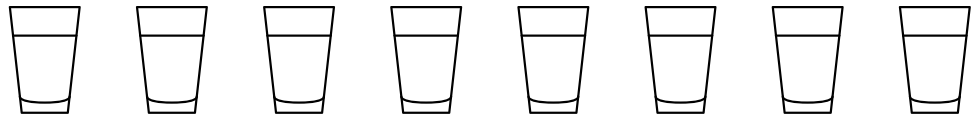
SUNDAY



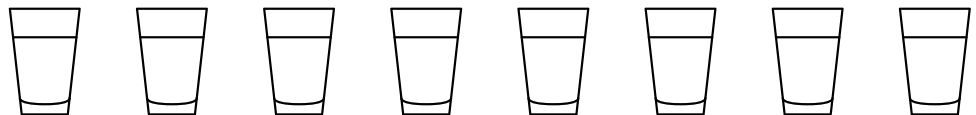
MONDAY



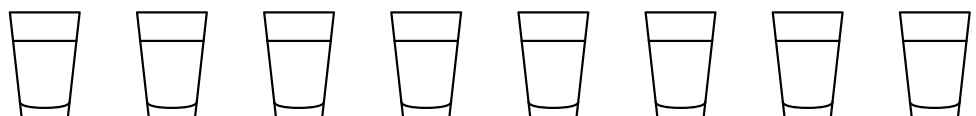
TUESDAY



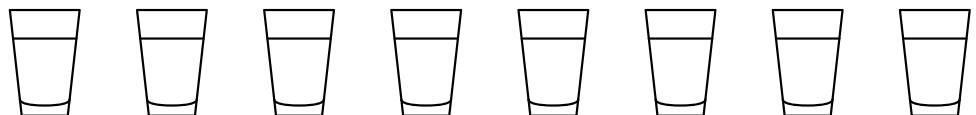
WEDNESDAY



THURSDAY



FRIDAY



SATURDAY

